



*ADULT REGISTRATION FORMS (14 YEARS AND UP) – PRIMARY CARE*

<b>Personal details – Mandatory section</b>					
<i>Please write the name as it appears on your health card</i>					
Surname	First name	Date of birth dd / mm / yyyy	Identify as male <input type="checkbox"/>	Identify as female <input type="checkbox"/>	Identify as other <input type="checkbox"/>
Address		City		Postal Code	
Residential Telephone		Work Telephone		Cellular Telephone	
Email address: _____ CSCT uses email for some communications. You will receive an email consent form to complete after your registration.					
<b>Health Card</b>					
Card number		Version		Expiration date dd / mm / yyyy	
<b>In case of emergency</b>					
Contact person	Relation		Telephone 1	Telephone 2	
<b>Pharmacy</b>					
Name of your pharmacy			City		
<b>Third party insurance</b>					
Do you have insurance coverage? <input type="checkbox"/> Yes <input type="checkbox"/> No			Name of insurance provider		

<b>CENTRE DE SANTÉ COMMUNAUTAIRE DE TIMMINS</b>	
<b>SOINS PRIMAIRES</b>	
1500 Riverside Drive, Unit 58	
Timmins, ON, P4R 1A1	
(Timmins Square)	
<b>TELEPHONE: 705-269-2728</b>	
<b>FAX: 705-269-2729</b>	
<b>Office hours</b> <b>Monday to Friday 9h to 12h - 13h to 16h</b>	<b>Telephone services</b> <b>Monday to Thursday 9h to 12h - 13h to 15h30</b> <b>Friday 9h to 12h</b>

Socio-demographic information – Mandatory section	
Socio-economic	
Gender identity:	Sexual orientation:
<input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Intersex <input type="checkbox"/> Trans – Female to Male <input type="checkbox"/> Trans – Male to Female <input type="checkbox"/> Two-Spirit <input type="checkbox"/> Other (Specify): _____ <input type="checkbox"/> Do not know <input type="checkbox"/> Prefer not to answer	<input type="checkbox"/> Bisexual <input type="checkbox"/> Gay <input type="checkbox"/> Heterosexual <input type="checkbox"/> Lesbian <input type="checkbox"/> Queer <input type="checkbox"/> Two-Spirit <input type="checkbox"/> Other (Specify): _____ <input type="checkbox"/> Do not know <input type="checkbox"/> Prefer not to answer
Highest education level attained	Combined annual household income :
<input type="checkbox"/> Too young for primary completion <input type="checkbox"/> Primary (grades 1-8) <input type="checkbox"/> Secondary or equivalent <input type="checkbox"/> College <input type="checkbox"/> University Bachelor's <input type="checkbox"/> University Post-Graduate <input type="checkbox"/> No formal education <input type="checkbox"/> Other (Specify): _____ <input type="checkbox"/> Do not know <input type="checkbox"/> Prefer not to answer	<input type="checkbox"/> 0\$ to 14 999\$ <input type="checkbox"/> 15 000\$ to 19 999\$ <input type="checkbox"/> 20 000\$ to 24 999\$ <input type="checkbox"/> 25 000\$ to 29 999\$ <input type="checkbox"/> 30 000\$ to 34 999\$ <input type="checkbox"/> 35 000\$ to 39 999\$ <input type="checkbox"/> 40 000\$ to 59 999\$ <input type="checkbox"/> 60 000\$ to 89 999\$ <input type="checkbox"/> 90 000\$ to 119 999\$ <input type="checkbox"/> 120 000\$ to 149 999\$ <input type="checkbox"/> 150 000\$ or more <input type="checkbox"/> Do not know <input type="checkbox"/> Prefer not to answer
<b>No. of people supported by income:</b> _____ <input type="checkbox"/> Prefer not to answer  <b>Homeless status:</b> <input type="checkbox"/> Not homeless <input type="checkbox"/> Homeless/no address <input type="checkbox"/> Shelter <input type="checkbox"/> Other temporary housing	<b>Current household composition:</b> <input type="checkbox"/> Couple with children <input type="checkbox"/> Couple without child <input type="checkbox"/> Sole member <input type="checkbox"/> Grandparents with grandchild(ren) <input type="checkbox"/> Extended family <input type="checkbox"/> Unrelated housemates <input type="checkbox"/> Siblings <input type="checkbox"/> Single parent <input type="checkbox"/> Do not know <input type="checkbox"/> Prefer not to answer



## Disability (check all that apply)

- |   |   |
|---|---|
| <input type="checkbox"/> None                       | <input type="checkbox"/> Physical disability  |
| <input type="checkbox"/> Chronic illness            | <input type="checkbox"/> Sensory disability   |
| <input type="checkbox"/> Developmental disability   | <input type="checkbox"/> Other: _____         |
| <input type="checkbox"/> Drug or alcohol dependence | <input type="checkbox"/> Do not know          |
| <input type="checkbox"/> Learning disability        | <input type="checkbox"/> Prefer not to answer |
| <input type="checkbox"/> Mental illness             |   |

## Wellbeing

What is your sense of **belonging to the community**?

- |                                      |  |  |                                    |                                      |   |
|--------------------------------------|--|--|------------------------------------|--------------------------------------|---|
| <input type="checkbox"/> Very Strong | <input type="checkbox"/> Somewhat Strong | <input type="checkbox"/> Somewhat weak | <input type="checkbox"/> Very weak | <input type="checkbox"/> Do not know | <input type="checkbox"/> Prefer not to answer |
|--------------------------------------|--|--|------------------------------------|--------------------------------------|---|

In general, how do you feel about the state of your **physical health**?

- |                                    |                                    |                               |                               |                               |                                      |   |
|------------------------------------|------------------------------------|-------------------------------|-------------------------------|-------------------------------|--------------------------------------|---|
| <input type="checkbox"/> Excellent | <input type="checkbox"/> Very good | <input type="checkbox"/> Good | <input type="checkbox"/> Fair | <input type="checkbox"/> Poor | <input type="checkbox"/> Do not know | <input type="checkbox"/> Prefer not to answer |
|------------------------------------|------------------------------------|-------------------------------|-------------------------------|-------------------------------|--------------------------------------|---|

In general, how do you feel about the state of your **mental health**?

- |                                    |                                    |                               |                               |                               |                                      |   |
|------------------------------------|------------------------------------|-------------------------------|-------------------------------|-------------------------------|--------------------------------------|---|
| <input type="checkbox"/> Excellent | <input type="checkbox"/> Very good | <input type="checkbox"/> Good | <input type="checkbox"/> Fair | <input type="checkbox"/> Poor | <input type="checkbox"/> Do not know | <input type="checkbox"/> Prefer not to answer |
|------------------------------------|------------------------------------|-------------------------------|-------------------------------|-------------------------------|--------------------------------------|---|

**The CSCT is engaged to be sensitive to and prevent obstacles to accessibility to our programs and services for people with disabilities**

Please indicate if you have any **special needs**:

- |  |  |
|--|--|
| <input type="checkbox"/> Deaf or hard of hearing           | <input type="checkbox"/> Intellectual disability               |
| <input type="checkbox"/> Mental health disorder            | <input type="checkbox"/> Physical handicap / Motor deficiency  |
| <input type="checkbox"/> Difficulty in speech and language | <input type="checkbox"/> Visual deficiency                     |
| <input type="checkbox"/> Assistance animal                 | <input type="checkbox"/> Difficulties with reading and writing |



*PERSONAL HEALTH FORM – ADULT (14 YEARS AND UP)*

<b>Surname</b>	<b>First Name</b>	<b>Date of birth</b> dd/mm/yyyy
<b>Name of your previous physician or nurse practitioner:</b>		<b>Approximate date of your last appointment:</b>
<b>Height (cm or feet):</b>		<b>Weight (lbs or kg):</b>

Personal Health		
Current and passed health problems (check all that apply) :		
<input type="checkbox"/> Stroke	<input type="checkbox"/> Emphysema or COPD	<input type="checkbox"/> Mental health disorders
<input type="checkbox"/> Anemia	<input type="checkbox"/> Epilepsy	<input type="checkbox"/> Positive TB skin test
<input type="checkbox"/> Anxiety	<input type="checkbox"/> Atrial fibrillation	<input type="checkbox"/> Attention or hyperactivity disorders
<input type="checkbox"/> Sleep Apnea	<input type="checkbox"/> High cholesterol	<input type="checkbox"/> Cardiac problems
<input type="checkbox"/> Arthritis	<input type="checkbox"/> High blood pressure	<input type="checkbox"/> Circulation problems
<input type="checkbox"/> Asthma	<input type="checkbox"/> Hepatitis	<input type="checkbox"/> Memory problems (dementia)
<input type="checkbox"/> Blood clots	<input type="checkbox"/> Migraines	<input type="checkbox"/> Blood disorders
<input type="checkbox"/> Drug or alcohol dependence	<input type="checkbox"/> Osteoporosis	<input type="checkbox"/> Varicella in childhood
<input type="checkbox"/> Depression	<input type="checkbox"/> Polyps of the colon	<input type="checkbox"/> Zona (shingles)
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Problem with liver	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Diverticulitis	<input type="checkbox"/> Problem with prostate	
<input type="checkbox"/> Cancer – Type: _____	<input type="checkbox"/> Problem with kidneys	
	<input type="checkbox"/> Problem with thyroid	
<p>Are you followed by a specialist?</p> <p>Name of specialist: _____ <input type="checkbox"/> Currently <input type="checkbox"/> In the past</p> <p>Reason: _____</p> <p>Name of specialist: _____ <input type="checkbox"/> Currently <input type="checkbox"/> In the past</p> <p>Reason: _____</p>		

Surgeries or hospitalisations		
Type of surgery or reason for hospitalisation	Year	Hospital

Obstetrical history: (include numbers where applicable)	
Number of pregnancies:	Term births (after 37 weeks):
Miscarriage(s):	Premature births (before 37 weeks):
Abortion(s):	Living children at birth:
Complications:	

Immunisations:	Please provide us with your immunisation booklet		
Specify date or approximate age.	<input type="checkbox"/> Tetanus	<input type="checkbox"/> Flu shot	<input type="checkbox"/> Gardasil (HPV)
	<input type="checkbox"/> Pneumovax	<input type="checkbox"/> Shingrix/Zostavax	<input type="checkbox"/> Hepatitis A/B
	<input type="checkbox"/> Covid 19 Type: _____		

Medications: (include drops and prescribed creams/ointments)		
If you take many medications or narcotics, please provide us with a medication list from your pharmacy along with these forms, instead of filling the table below.		
Name	Dose	How many times a day
Non prescribed medications (vitamins, natural supplements and over the counter pain medications)		

Allergies: (medications, latex, or food allergens)	
Name	Reaction

## LIFESTYLE HABITS

<b>Exercise</b>	Do you exercise regularly? <input type="checkbox"/> Yes <input type="checkbox"/> No
	If yes, what type of exercise?

<b>Tabaco</b>	Do you smoke cigarettes or vape? <input type="checkbox"/> Never smoked <input type="checkbox"/> Ex-smoker
	<input type="checkbox"/> Current smoker      Pack(s) per /day: _____      Number of years: _____
	Other types of tabaco <input type="checkbox"/> Pipe <input type="checkbox"/> Cigars <input type="checkbox"/> Chewing tobacco

<b>Alcohol</b>	Do you drink alcohol? <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> Occasionally <input type="checkbox"/> Regularly
	If you drink regularly, how many glasses per week?

<b>Drugs</b>	Have you used any recreational drug in the pas 2 years? (including marijuana) <input type="checkbox"/> Yes <input type="checkbox"/> No
	Have you ever used recreational drugs with the use of a needle? <input type="checkbox"/> Yes <input type="checkbox"/> No

## PREVENTION

Cancer screening			
Screening tests	Year	Results	
Cervical cancer screening (Pap Test)		<input type="checkbox"/> Normal	<input type="checkbox"/> Abnormal
Breast cancer screening (Mammogram)		<input type="checkbox"/> Normal	<input type="checkbox"/> Abnormal
Colorectal cancer screening (FIT or FOBT)		<input type="checkbox"/> Normal	<input type="checkbox"/> Abnormal
Colorectal cancer screening (Colonoscopy)		<input type="checkbox"/> Normal	<input type="checkbox"/> Abnormal

Routine health assessments	
	Year
Optometrist visit (vision test)	
Dental visit	
Blood tests (Diabetes and cholesterol tests)	
Foot Care (Diabetes)	
Diabetes Education (specify location):	
Mental health support (specify agency or therapist):	
Other routine assessments (specify):	

Personal health goals
Do you have any changes that you would like to make in your life when it comes to your health and wellbeing? If yes, which?
Which changes have you already made to present to achieve your health and wellbeing goals? (If applicable)
Do you need support to achieve these personal health goals?
What are obstacles that may prevent you from achieving your health and wellbeing goals?

Family medical history			
Family members		Age	Health problems (examples): diabetes, high blood pressure, high cholesterol, heart conditions, stroke, Cancer (type), mental health disorders, etc.
Mother	<input type="checkbox"/> Living <input type="checkbox"/> Deceased		
Père	<input type="checkbox"/> Living <input type="checkbox"/> Deceased		
Maternal grand mother	<input type="checkbox"/> Living <input type="checkbox"/> Deceased		
Maternal grand father	<input type="checkbox"/> Living <input type="checkbox"/> Deceased		
Paternal grand mother	<input type="checkbox"/> Living <input type="checkbox"/> Deceased		
Paternal grand father	<input type="checkbox"/> Living <input type="checkbox"/> Deceased		
Children	<input type="checkbox"/> ___ Boys <input type="checkbox"/> ___ Girls		
Siblings	<input type="checkbox"/> ___ Brothers <input type="checkbox"/> ___ Sisters		

Think of the future		
		Comments
Have you designated a Power of Attorney for Personal Care?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
If you cannot make decisions about your finances or your medical care, who do you confide in to make those decisions for you?	Name of person: _____ Relation to you: _____ Address: _____ Telephone number : _____	
Have you established advanced directives when it comes to cardiac resuscitation, mechanical ventilation or other life saving interventions that you care provider should be aware of?	<input type="checkbox"/> Yes <input type="checkbox"/> No	



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## ORIENTATION GUIDE

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### 1. **Eligibility**

- Ability to understand, read and write in French (ex: consent)
- In the event that the client is unilingual, to be eligible for our services, he or she must have a link with an immediate family member (partner or child) of a client already registered with the Centre de santé Communautaire de Timmins (CSCTimmins).

### 2. **Becoming a client**

- Please be advised that you are a client of CSCTimmins and not a client of a specific doctor or nurse practitioner.
- Access to all members of the interdisciplinary team (ex. registered nurse, dietitian, social worker) for continuity of care as needed. This increases the accessibility of our services and this model is put into practice to better serve our clients and their identified needs.

### 3. **Interdisciplinary Team**

- The CSCTimmins client will have access to all services in French in the primary care clinic as well as all community activities.
- If you are not a primary care client, you still have access to community programs, activities and workshops.

### 4. **Appointments**

- You must contact the office at least 24 hours prior to your appointment to notify the staff of your cancelation; not only for the clinic but for all service appointments.
- If you are more than 15 minutes late for your scheduled appointment, your appointment will be canceled and considered a “no show”.
- After your 3rd missed appointment without notification, a letter of notice will be sent to you by mail. If there is no response, your file will be closed. If you choose to contact us for services, your name will be added to our wait list to become a client.

### 5. **Prescription Renewal**

- You should contact your pharmacy **1 to 2 weeks** prior to your medication running out for a refill.

***I confirm that I have read and understand the Client Orientation Guide as well as the procedure listed. As a client of the Centre de santé communautaire de Timmins, I accept responsibility for the terms stated above and understand what this guide states.***

Signature \_\_\_\_\_

Date \_\_\_\_\_

Print name \_\_\_\_\_



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**CONSENT FOR THE COLLECTION, USE AND DISCLOSURE OF CLIENTS PERSONAL INFORMATION**

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The Centre de santé communautaire de Timmins (CSCT) recognizes the importance of protecting your personal information and commits to collect, use and disclose your personal information in a honest and legal way by implementing good personal information protection practices, including information given to a third party.

The CSCT collects, uses and discloses the information to:

- Provide and manage secure primary health care services;
- Establish and assure ongoing and effective health services;
- Communicate with other service providers (with your consent);
- Provide community and health promotion services;
- Inform certain funding bodies such as Ontario’s Ministry of Health and Ministry of Long-Term Care and the Local Health Intergration Networks in order to contribute to the planning et management of the health care system;
- Evaluate and plan your health needs;
- Establish and maintain communication with you;
- Manage the administrative operations of the CSCT;
- Participate in the research to improve the quality of health services or use the data collected for specific reseach purposes;
- Respond to any other objective permitted or required by law (for exemple: reporting infectious diseases to Public Health).

You acknowledge that you have given an informed consent regarding the collection, use and disclosure of your personal information for the reasons listed above. If a new reason for the use or disclosure of your personal information appears, we will notify you and seek your consent beforehand.

You may ask to see and make changes to your personal information regarding your health. You can withdraw your consent to the use and disclose of your personal information at any time upon notice; at that time, the CSCT will explain how to proceed and the repercussions of your decision.

Please note that files of adults are destroyed after ten (10) years of inactivity.

I certify that I have received orientation regarding the services and programs offered by the CSCT.

**Signature** \_\_\_\_\_

**Date** \_\_\_\_\_

**Printed name:** \_\_\_\_\_